

# CHAIN OF SURVIVAL

## LINK 1



### Early Access to the Ambulance

**Purpose - to quickly get medical help.**

Recognise the emergency.

Dial 000. Send for a defibrillator.

## LINK 2



### Early CPR

**Purpose - to maintain oxygen circulation.**

Sufficient enough to preserve brain function until an AED is available to restart the heart.

## LINK 3



### Early Defibrillation

**Purpose - to restart the heart.**

For every minute delayed, there is approximately 10% reduction in survival.

## LINK 4



### Early Advanced Care

**Purpose - to keep alive.** Paramedics provide drug administration, advanced airway procedures, other interventions and protocols.

### SIGNS & SYMPTOMS = CARDIAC ARREST

Collapsed and not moving, unresponsive, unconscious and not breathing normally or at all, or gasping with no response.

### HAZARDS = NO CIRCULATING OXYGEN TO THE BRAIN AND TIME

Quick timing is vital.

### RISKS = BRAIN DAMAGE. DEATH

To increase the chance of revival, follow every link in the chain of survival.